

# Our Services: Physiotherapy & Exercise Physiology

Our expert team of Physiotherapists and Exercise Physiologists specialise in the delivery of exercise, lifestyle and behavioral modification programs to support clients with a variety of acute and chronic health conditions. Our clinicians work together across disciplines to deliver tailored, holistic supports. Our mission is to meet a client where they are at in terms of their needs, abilities, and therapy goals.

## Physiotherapy

Physiotherapy can assist with the management and treatment of acute and chronic musculoskeletal concerns, neurological conditions and heart and lung conditions through a range of physical techniques and functionally based exercise.

## Exercise Physiology

Exercise Physiology focuses on the development of exercise and lifestyle programs to help people with the prevention and treatment of a variety of chronic physical, metabolic, and mental health conditions.

## Therapy delivered your way

Our aim is make our services as accessible as possible. Our Physiotherapy and Exercise Physiology team can conduct sessions face-to-face at our clinics, as well as in homes, at schools, and within the community via our outreach program.

Our therapy services can also be delivered virtually, via telehealth.

## Which diagnosis types can we assist with?

We can assist people with Global Development Delay (GDD), Autism Spectrum Disorder, FASD, Cerebral Palsy, acquired brain injury, amputations, spinal cord injury, cystic fibrosis, chronic wet cough, as well as certain genetic disorders.

## Frequently Asked Questions

### Who can access these services?

People of all ages can access our therapy services.

### Do you offer private services?

Yes. Our Physiotherapy and EP services are accessible both privately and through the NDIS. Please contact us to obtain a quote for private services and availability in your location.

### Do I need a referral from my doctor or Paediatrician?

A referral from a doctor is not required to access our therapy services, however, some therapy services are eligible for Medicare rebates if there is a GP or paediatrician referral.

To book an appointment, please scan the barcode below, or visit:  
[www.patches.com.au/referrals](http://www.patches.com.au/referrals)

E: [enquiries@patches.com.au](mailto:enquiries@patches.com.au)

T: 1300 111 728

W: [www.patches.com.au](http://www.patches.com.au)

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