



# Our Services: Integrative Therapeutics Clinic

**Patches Integrative Therapeutics Clinic uses an integrative approach to ensure clients receive holistic care that address all aspects of their health and well-being.**

As part of this model, our multidisciplinary team, including Paediatricians, Psychologists and Allied Health Specialists, will work in collaboration with General Practitioner, Professor Alistair Vickery, to provide a holistic assessment and therapy plan for those that are eligible for this service.

## **What types of therapies are offered as part of this program?**

This model provides clients with access to a range of therapies and supports, from conventional therapies such as exercise physiology and dietetics, psychology, speech pathology and occupational therapy, to novel therapies (for those that are eligible).

## **Who can access this program?**

**The eligibility requirements for this program are as follows:**

- Children aged 6 years through to young adulthood;
- Individual must have a diagnosis of Level 2 or higher Autism Spectrum Disorder and exhibiting problem behaviour;
- Individual is currently on, or is considering antipsychotic medication i.e., Risperidone, Quetiapine, Aripiprazole.

## **How can an individual be referred?**

A referral from the client's treating paediatrician or psychiatrist is required to access this service. Mention Patches Integrative Therapeutics Clinic in the online referral.

To make a referral please visit:  
[patches.com.au/referrals](https://patches.com.au/referrals)



## **A THREE-PART PROGRAM TO BETTER WELLNESS**



### 1/ Integrative Assessment

An initial assessment is conducted by General Practitioner, Dr Alistair Vickery, along with Patches Paediatrician, Exercise Physiologist and Dietician. This can be done in person, in the one day at Patches Subiaco clinic.



### 2/ Treatment Plan

Following 2 weeks of biometric and symptom monitoring, the client will be delivered a tailored treatment plan that may be a combination of therapies including novel therapies, EP, dietetics, and any other recommended therapies including psychology, OT, SLP and AHA.



### 3/ Monitoring

For the first 6 months of the program, a Patches GP or Paediatrician will conduct a telehealth check-in appointment every 6 weeks, and every 12 weeks thereafter. Annual in person reviews will be offered.

For more information please get in touch via:

T: 1300 111 728

W: [www.patches.com.au](https://www.patches.com.au)



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